



# FROM SHEET TO SKIRT

## HOW TO TRANSFORM A DUVET COVER

*YOUR GO-TO GUIDE*

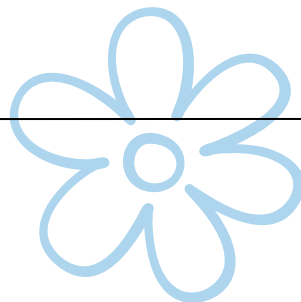
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**GREAT BIG GREEN WEEK - EXCLUSIVE GUIDE**

# GUIDE OUTLINE

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WEEK

# ABOUT THIS GUIDE

Editor: Hannah Eastwood

Welcome to our special guide to upcycling, in honour of Great Big Green Week, brought to you by Salvation Army Trading Company Ltd (SATCoL).

With content provided by Emma Seward, SATCoL's Tailor, and Andreea Dumitru, Marketing Coordinator. I was delighted to be asked to be the editor of this guide. This exciting project celebrates creativity, sustainability, and the joy of giving old items a new lease of life.

In this step-by-step guide, we'll be transforming an old duvet into a stylish, wearable skirt — proving that fashion doesn't have to cost the earth.

Whether you're a seasoned sewer or just starting out, this project is designed to be simple, fun and rewarding. By the end, you will have a unique garment with the satisfaction of knowing you've made a positive impact on the environment.





# WHAT IS GREAT BIG GREEN WEEK?

Great Big Green Week (GBGW) is a nationwide celebration of action on climate change organised by The Climate Coalition.

During this week, communities, schools, businesses, churches, mosques and more join together in a wave of support for action to protect the planet. Taking action to swap together for good shows our support for a safer, greener, fairer future. This year, SATCoL is celebrating GBGW from 9th to 14th June. Our theme for this year is Upcycle Together for Good.

SATCoL encourages reuse and recycling. DIY initiatives are a great way to reduce waste and foster a culture of creativity. Whether it's through workshops, guides, or community events, SATCoL is committed to encouraging people to put their DIY skills to the test! Why not visit one of our stores to get some inspiration for your next upcycling project!

We hope you enjoy this fun project to follow by transforming a duvet cover into a skirt!





## Step 1 - Supplies

Before starting, you will need the following:

- twin bed sheet or one side twin duvet cover
- 15cm zip
- tape measure
- pencil
- chalk to mark
- zipper foot
- a sewing machine.





## Step 2- Cutting the skirt

Lay the fabric flat out and fold in half, and half again. You need to make two curved cuts

To mark your waist, follow the formula:  
Waist circumference - mine was 28" or 71cm/ $\pi$  (3.14) = diameter/2 = radius. Add 3-5cm to that to create some gathers, i.e.  $71\text{cm}/3.14 = 22.61\text{cm}/2 = 11.3\text{cm} + 5\text{cm} = 16.3\text{cm}$ .

You need one smaller one at the 'corner' of the folded fabric for the waist and one for the length

Measure from the corner to the length of your waist radius (e.g. 16.3cm - see explanation above) and mark your top curve

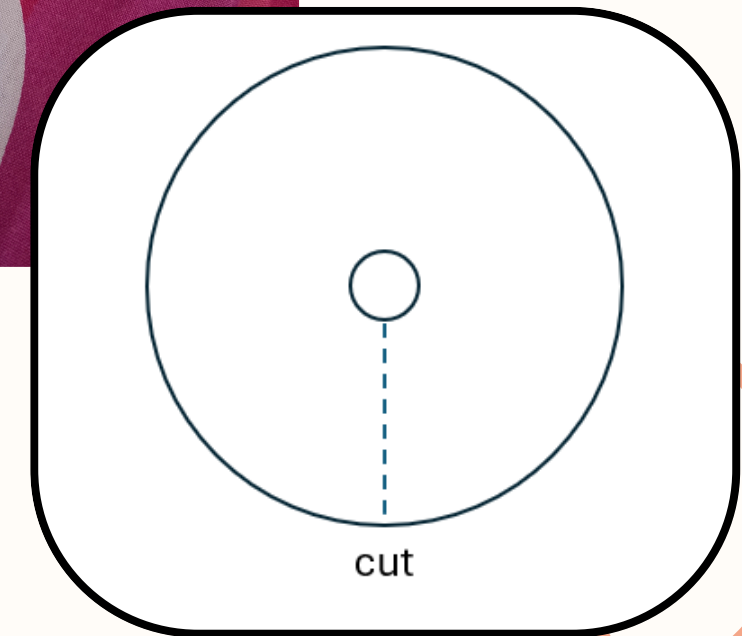


## Step 2 - Cutting the skirt

Then measure the length you want from top curve and add 2cm for the hem

When you unfold the fabric, you will be left with a large donut shape with a hole for the waist

Cut a straight line from the hem to the waist to split the fabric (zip as per illustration)



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## Step 3 - Cutting the waistband

This is the measurement of your waist with 2cm extra in length and 7.5cm in width (e.g. 73cm by 7.5cm)

### TIP

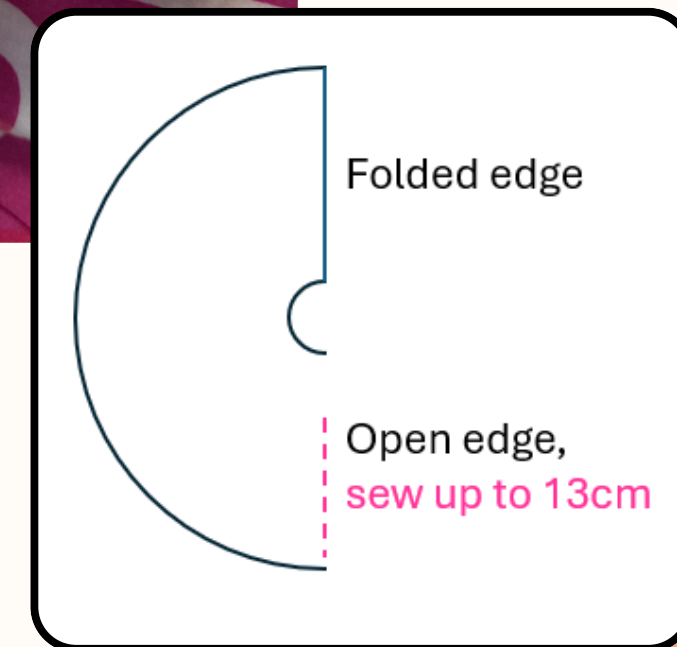
Use the side of the duvet cover as it's already got a stitched seam which will strengthen your waistband and saves time in step 5



## Step 4 - Sew and gather the skirt

Fold the fabric of the skirt in half again and sew the side seam, right side to right side, 1cm from raw edge and stop 13cm from top for your zip.

Then sew 0.5cm from the raw edge of the skirt waistline with a long stitch, gathering the fabric evenly until you get the same measurement as your finished waistband.





## Step 5 - Sew waistband, zip and hem

Take your waistband (already folded lengthways) and pin to skirt, right side to right side and matching the raw edges. Make sure you have equal gathers around the circumference of the waist.

Sew the waistband with the skirt, using a medium length stitch. Pin the zip into the 13cm seam allowance from the top of waistband, one side at a time.





## Step 5 - Sew waistband, zip and hem

Use your zipper foot and sew in place. Do the same on the other side to complete the zip.

Fold top tags of zip down and top stitch. For the hem, use an overlocker or Z stitch on a normal sewing machine. Press a 1cm hem and top stitch or hand sew.





## Results!

Your project is now finished!

Wear it with confidence - no one will believe this used to be a duvet cover!

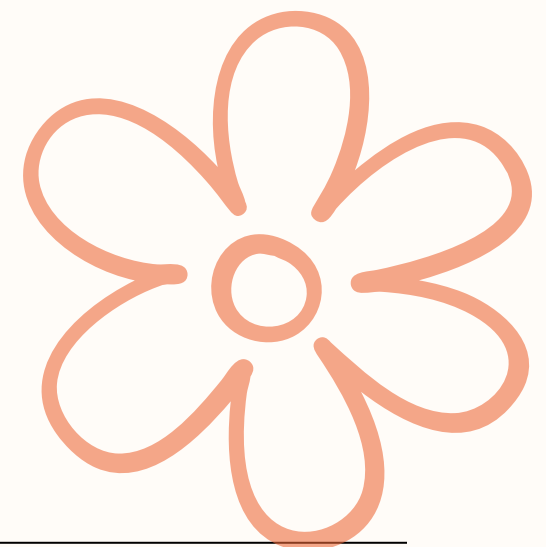
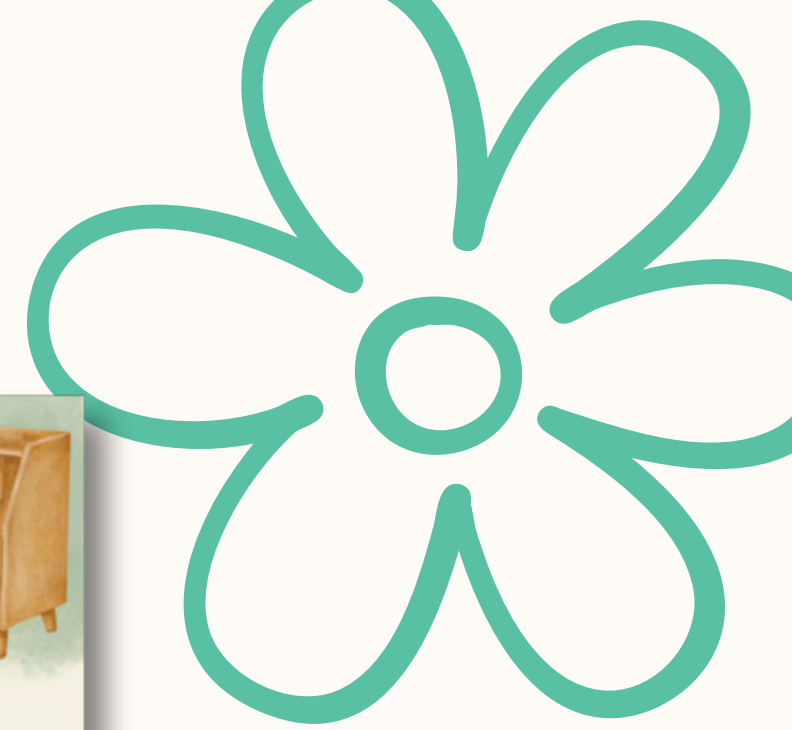
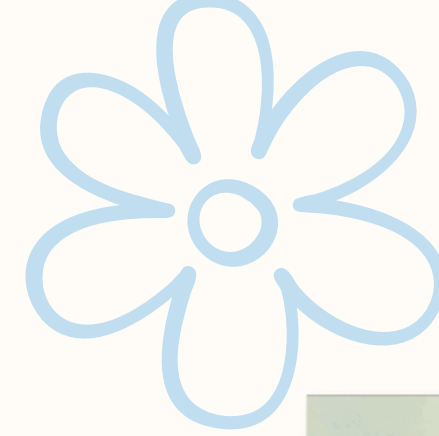


## Fancy another project?

Want to dive into more DIY projects? You'll love Sabine Petkevica's awesome guide to turning old furniture into something new and exciting!

*Check it out here:*

<https://rebrand.ly/handy.guidetoupcycling>







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